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HEALTH TIP: Omega-3 fatty acids have been praised for their health benefits, including possibly influencing your mood

Increasing your intake of plant-based foods can improve heart health and help prevent a heart attack and sudden cardiac arrest

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Sunday, April 2, 2023
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French on your mind?

These recipes are traditional French favourites that are perfect for a gathering

CASSOULET

Prep Time: 15 mins
Cooking Time: 10
Serves 2

A heart-warming comfort dish made with chicken, harissa sauce, vegetables, herbs and white wine.

INGREDIENTS

- Chicken sausages – 5nos
- Chicken thigh – 4nos (boneless)
- Olive oil – 40ml • Onion diced – 50g
- Shallot sliced – 50g
- Smashed Garlic – 15cloves
- Fennel, diced – 50g
- White wine – 60ml
- Crushed Tomato – 250ml
- Tomato paste – 30ml
- Chicken Stock – 1ltr
- Bay leaves – 2nos
- Thyme – 1 bunch
- Salt and pepper to taste
- 1/8 tsp all spice – 2g
- 1/8 tsp cinnamon – 2g
- Baby carrots – 8
- White beans – 200g
- Harissa Sauce
- Red Chilli – 50g
- Apple cider vinegar – 10ml
- Olive Oil – 20ml
- Peeled Garlic – 5g

METHOD

Harissa Sauce:

- Blend above ingredients except vinegar to a thick paste. Heat olive oil in a saucepan and fry till oil come out, add vinegar. Cook for 3 minutes and keep it aside.

Cassoulet:

- In a pan, cook sausages brushed with olive oil until golden brown. Do the same with the chicken thighs cut in 2 and set aside. Coat bottom of the pan with olive oil and sauté the onions, shallot, fennel, and garlic for 10 minutes. Add white wine, and cool. Add crushed tomato, tomato paste, white beans, chicken stock, bay leaves, thyme, harissa, and spices, stir well, simmer for 10 minutes. Add sausages and chicken, simmer closed for 20 minutes. Add white beans and baby carrots cook for 2 minutes, add salt and pepper to taste. Garnish with thyme leaves.

CRUSHED HERB FISH WITH WHITE WINE SAUCE

A delectable combination of herbed fish and white wine sauce

INGREDIENTS

For sauce:

• White wine – 200ml • Chopped garlic –10g • Chopped shallot, carrot, parsley – 20g each • Butter –100g • Crushed black pepper –4g

Fillet marinate:

• Fish fillet –150gx2 • Oregano – 6g • Parsley – 4g • Basil - 4g • Asparagus- 10nos • Cherry Tomato- 40g • Salt - to taste • White pepper powder - 50g • Olive oil – 120ml • Lemon juice – 6ml

METHOD

For Fish

- Mix oregano, parsley, basil, white pepper powder, salt, lemon juice and olive oil. Place fish fillets in a baking pan. Pour herb mixture over the fish and bake in a 140°C pre-heated oven for 10 minutes. Saute asparagus and cherry tomatoes in olive oil, and plate the baked fish. Drizzle with olive oil and season with salt and pepper.

For Sauce

- In a saucepan, add chopped shallot, garlic, carrot and stir until brown on low heat. Increase to high heat, add white wine, lemon juice and parsley cook for 2 minutes and simmer for 3 minutes. Season with salt and black pepper. Serve with fish.

Prep Time: 20 mins
Cooking Time: 10
Serves 2

HEALTHY FRENCH LENTIL SALAD

A colourful, summery bowl of fresh fruits, vegetables and lentils bursting with flavour

INGREDIENTS

- Olive Oil- 2tsp
- Balsamic Vinegar- 1tsp
- Orange juice -2tsp
- Diced shallot - 4cloves
- Minced garlic – 1½teaspoon
- Salt- 1tsp
- Pepper powder - 1tsp
- French green lentils - 1cup
- Black beluga lentils -300g
- Cucumber (sliced)- 200g
- Strawberries (sliced)- 200g
- Toasted almonds (chopped) - 100g
- Mint (chopped) - 20g
- Water – 3cups

METHOD

- Bring 3 cups of water to a boil, add lentils, reduce heat, cover and cook for 15-20 minutes. Drain the lentils and transfer to a large bowl. Add in the rest of the ingredients and toss.

By Chef D Prakash Kumar, Executive Chef, The Woodrose Club by Brigade Group

All problems solved

Dear Coleen

I'm a divorced man in my early 50s and I started seeing a woman a few months ago who's recently turned 60. She's a real catch and I'm definitely punching above my weight! Like me, she has grown-up kids and is divorced, so we have a lot in common. We go on dates regularly and we've kissed. There's a strong attraction there, but she never seems to want to take things further. I get the impression she might be self-conscious and worried about her body because she's made the odd joke about being "past it" which, from where I'm standing, isn't true at all. In that department, I'm the one who should be worried and feel intimidated! I would love us to have a proper romantic and sexual relationship, but I don't know how to approach it with her.

COLEEN SAYS

I think for women this is a massive hurdle to overcome, particularly if they have previously been married for a long time.

We all have our hang-ups as we get older because things aren't where they used to be!

I think it depends what your girlfriend is actually looking for from the relationship – is it companionship rather than a physical relationship? So, perhaps that's the conversation you need to have.

Alternatively, carry on taking it slow, getting to know each other and building her confidence. At the moment it might feel too new.

Don't put pressure on her, compliment her and make her feel secure and sexy, and there may come a point where it feels natural to her to take that next step.

But, ultimately, if you want a sexual relationship and she doesn't, then you have to move on because you have to be compatible in all areas.

—Coleen Nolan, Daily Mirror

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Sanctioned road work abruptly coming to halt has unsuspecting commuters falling in open drain

DRAINFALL

Just 50-100 m of work done of 1-km stretch

| Iffath.Fathima@timesgroup.com

TWEETS @BangaloreMIRROR

In October last year, a bhoomi puja was performed to kick start road and drain works at Chikkanayakanahalli village. However, now the residents of the area have alleged that only 10% of the work was completed before it came to a halt all of a sudden. As a result, open drains are leading to accidents, they told BM.

On October 18 last year, Mahadevapura MLA Arvind Limbavali announced road and drain improvement works at Manushewara Layout and Chikkanayakanahalli village; however, even today, the much needed infra works from Dinne border to Ahad apartments in Muneshwara Layout are left incomplete; the drains are uncovered, the residents BM spoke to said.

The estimated cost of the project for both the works was approximately Rs 250 lakh.

CONTINUED ON PAGE 4 »

> "I have filed a Right to Information application to find out how much money was sanctioned for the work
> — Arif Mudgal, resident, Chikkanayakanahalli

Back on track?

Old Madras Road stretch to open after white-topping

PAGE 4

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3 THINGS TO DO

01 Build your skill

Grab a chance to visit an exhibition that will be inaugurated by renowned artists to motivate students to enhance their art skills. Focusing specifically on drawing and painting, the exhibition aims to conceptualise cognitive development through creativity and help develop analytical skills. **Where: SLV International School, Kammasandra, Electronic City; When: April 2**

02 Melodies divine

The Morning Raag concert series at Jagriti is a celebration of classical music performed by some of the best Hindustani and Carnatic vocalists and instrumentalists. Vaibhav Ramani, violinist, will be accompanied by Kaushik Sridhar on the mridangam. They will be presenting a Contemporary Carnatic music concert, including both traditional pieces as well as instrumental pieces called Ragapravaham. **Where: Lumbini, Jagriti Theatre; When: April 2, 7:30 am Tickets: bookmyshow.com**

03 Meditate in a minute

The Brahma Kumaris World Spiritual University has launched "Mission Meditation" in Bengaluru that will culminate into a larger conglomeration of people with a public talk by world renowned speaker - Sister Shivani. The aim of 'Mission Meditation' is to make meditation easy and accessible for anyone to meditate anywhere in just a minute -- while brushing your teeth, waiting for the kettle to boil, stuck in traffic, waiting for the computer to start, etc. **Where: Manpho Convention Centre, Manayata Tech Park; When: April 2, 5:30pm Contact: 8105832401**

SCALING NEW HEIGHTS

Dr Malur Ramanna Vijay discovered life anew after undergoing heart surgery and is now gearing up to scale Japan's Mt Fuji -- at the age of 80

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For septuagenarian Dr Malur Ramanna Vijay, life began at 55 when he underwent a quadruple bypass heart surgery. The first person in the world to reach Mount Everest Base camp (5,364 m) after a cardiac attack, the Bengaluru-born man is all set to scale Mount Fuji -- the highest mountain in Japan at an altitude of 3,776.24 m -- at the age of 80.

Dr Vijay was born in Bengaluru and later took up a medical profession in the US and is on a mission to scale peaks.

In 1988, Dr Vijay met with an accident which resulted in a head injury and partial loss of sight. As a consequence of the head injury, his memory was affected, making him ineligible to practice medicine. Within three months of the accident, he had to undergo quadruple cardiac bypass surgery that further compounded his health issues.

Narrates Dr Vijay, "I underwent a quadruple bypass at the age of 55 as all the four blood vessels that feed my heart were blocked. I was thinking of heading on a pilgrimage. Then, while researching, I realised that I wanted to go to the Himalayas. I realised that no one with heart surgery had travelled to Everest Base Camp (EBC). The pull of the mountain was such that I headed there after adequate preparations and family consent."

The Bengaluru-born septuagenarian cannot wait to scale the picturesque Mt Fuji, Japan's highest peak

According to him, when he reached there, he got to know that a French man who had a history of heart issues but not a heart surgery had scaled up to 14,000 feet and returned. He became the first person with a history of heart surgery to reach EBC. The news reached far and wide, and I got a chance to meet the then Nepal Prime Minister Lokendra Bahadur Chand, who appreciated my efforts."

> **"I'm sharing my story to inspire those who have had surgery and feel they cannot do anything**
>
> – Dr Malur Ramanna Vijay

According to him, many are scared that heart surgery is the end of life and one cannot do anything further.

"I feel that I am a living example and people who have undergone surgery should feel that their heart is younger after cardiac surgery and live their life to the fullest. However, everything has to be done within limits. I am sharing my story to inspire people who have undergone surgery that there is still hope," he said.

Feel the heat? It's going to get hotter

Met experts say it may be a warmer summer, with chances of light rain & thunderstorms

The temperature in Bengaluru is currently hovering around 35 degrees Celsius, and meteorological experts predict that it may rise even further in the upcoming month.

The local forecast for the city and its surrounding areas until the morning of April 3, 2023, however, indicates partly cloudy skies with a chance of light rain or thunderstorms in the evening or at night. The maximum and minimum temperatures are expected to be around 35 and 23 degrees Celsius, respectively, in the next 24 and 48 hours.

In terms of recent weather patterns, isolated places in south interior Karnataka have received rainfall, while dry weather has prevailed over coastal Karnataka and north interior Karnataka. The highest maximum temperature of 38.0 degrees Celsius has been recorded in Kalaburagi.

The forecast for the state until the morning of April 3, indicates thunderstorms with rain likely to occur at isolated places over Bengaluru Rural, Bengaluru Urban, Chamarajanagar, Chikkaballapura, Kolar, and Ramanagara districts of south interior Karnataka in the next 24 hours.

Dry weather is expected to prevail over coastal Karnataka and north interior Karnataka, as well as the remaining districts of south interior Karnataka. In the next 48 hours, light rain is likely to occur at isolated places over Bengaluru Rural, Bengaluru Urban, Chamarajanagar, Chikkaballapura, Kodagu, Kolar, Mysuru, and Ramanagara districts of south interior Karnataka, while dry weather is expected to persist over coastal Karnataka and north interior Karnataka, as well as the remaining districts of south interior Karnataka.

In terms of thunderstorms, isolated places over Bengaluru Rural, Bengaluru Urban, Chamarajanagar, Chikkaballapura, Kolar, and Ramanagara districts of south interior Karnataka are likely to experience thunderstorms with lightning in the next 24 hours. Isolated places in south interior Karnataka received rainfall, while dry weather prevailed over coastal Karnataka and north interior Karnataka.

The heaviest rainfall, 7 cm, was recorded in Rayalpadu (Kolar district), and Devanahalli (Bengaluru Rural district) received 3 cm of rainfall. The highest maximum temperature recorded over the state was 38.0 degrees Celsius in Kalaburagi. **— BMB**

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Back on track?

Old Madras Road stretch closed for white topping should open to traffic in a week; motorists have been highly troubled by this closure

Commuting on Old Madras Road has been a tough task for motorists since last November. The Bruhat Bengaluru Mahanagara Palike (BBMP) was supposed to complete the work - either rapid road work or white topping - in two or three months, but it took more than five months and is still incomplete. However, the good news is that BBMP engineers have directed the contractor to expedite the completion of the process.

The stretch closed for white topping is expected to open to traffic in a week. A portion of Bhaskaran Road (adjacent to MEG) connecting Old Madras Road was closed for white topping in July, and the work has been completed. White topping is yet to be taken up on half of Bhaskaran Road (adjacent to Murphy Town).

"Commuting on Old Madras Road has become difficult for us since last year. One or the other portion of this road is always closed for white topping or rapid road work. It is very difficult to use this area during peak hours," said Sukumaran N, a resident of Gupta Layout.

With the closure of the road at 100 Feet Road Junction for vehicles coming to the city from KR Puram, the traffic police have diverted traffic towards Chinmaya Mission Hospital Road through 100 Feet Road and Double Road, causing huge traffic jams during peak hours.

"We have to wait for more than 20 or 30 minutes to reach Halasuru from 100 Feet Road Junction during peak hours. We can't blame traffic police who are also working hard to regulate heavy traffic," said Shanmugam K, an auto-rickshaw driver.

Recently, CV Raman Nagar MLA S Raghu, along with BBMP, BWSSB, and BESCOM engineers, visited Old Madras Road to inspect the progress of the ongoing work. He directed the contractor and the engineers to complete the work as early as possible and make arrangements for opening the road to traffic within a week.

Work in progress at Old Madras Road; commuters have taken as long as 30 minutes to reach Halasuru from 100 Feet Road Junction

"One or the other portion of this road is always closed for white topping or rapid road work. It is very difficult to use this area during peak hours – Sukumaran N, resident of Gupta Layout

"I expect the stretch between Anjaneya Temple and 100 Feet Road Junction to be ready in a week. They told me that curing of the stretch that was white topped is in progress. The road may be opened by April 5 or 6," he informed

The BBMP executive engineer said that pipe-laying, water, and electricity cable work is in progress.

Meanwhile, drain work between Anjaneya Temple and Adarsha Junction (adjacent to the burial ground compound) is in progress. "We are working hard to complete the work within a few days. Curing is done, but drain work is incomplete. We need a week's time to complete drain work," said Srinivasa Reddy, an engineer working for the contractor.

If the drain work is completed, vehicles can reach Halasuru through Old Madras Road without any hassles. Will the BBMP authorities stick to the deadline of one week? The hapless motorists have to wait and watch.

Incomplete infra and open drains

CONTINUED FROM PAGE 1

Now it appears the contractor has stopped the work soon after it began.

Arif Mudgal, a resident of Chikkanayakanahalli, has filed an RTI: "I have filed a Right to Information application to find out how much money was sanctioned for the work, how much was given to the contractor, and the time duration for its completion."

The road and drain work is taken up along a 1-km stretch; however, from October last year till April 2023, only 50-100 m stretch was completed.

Residents of the area further pointed out that during last year's heavy rains, the entire stretch was flooded; they were in distress as there was no proper drainage system. With the follow up from resident welfare associations (RWA), works were taken up but not completed.

Now the residents are facing another issue wherein commuters are caught in minor accidents. "In the last 15 days, there have been a couple of accidents here. Two days ago a car got stuck in the open drain at night. The other day two motorists slipped and fell in the drain. It is a curvy stretch; during the night there are no lights; one cannot see the road properly and may end up inside the drain. So far, there have been minor accidents. But major ones could happen too," said Arif.

Another resident, on condition of anonymity, said, "if the contractor is not carrying out the work then he should be removed and another should be given the charge. Just because a contractor is not carrying out the work the citizens cannot be kept waiting. After giving confirmation for works to be carried out, work should be monitored. Authorities must make sure it is completed. It should not be stopped. The residents keep facing the brunt."

Speaking of the delay in completing the work, a member of the Mahadevapura Task Force (MTF) said the contractor is facing some financial issues and he shall restart the work in a couple of weeks.

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Occupied pavement

Oil Mill Road

The footpath on Oil Mill Road in Lingarajapuram has been completely encroached upon by a shop.

Urgent!

Nandini Layout

An open high voltage BESCOM kiosk, located near Jai Maruthi Nagar Circle in Nandini Layout, poses a serious threat to both humans and animals.

Drain duty

Kanaka Nagar

Despite several complaints, no action has been taken regarding the drain work that was started a month ago on 1st Main A Cross, Kanaka Nagar, RT Nagar.

No phishing! Teachers to turn guards

CBSE starts training teachers to thwart digital fraud, who will then in turn train students

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With cybercrime cases increasing across the country, the Central Board of Secondary Education (CBSE) has started a sensitisation programme on financial literacy and the use of digital tools to train teachers on how to safeguard against phishing and in turn, train students.

CBSE's Director (skill education) Dr Biswajit Saha, announced that CBSE has launched an initiative to educate teachers across the country on the basics of financial literacy and the use of digital tools relevant in the current scenario. The focus of the session is to create awareness about basic financial planning, how to avoid falling prey to phishing and cyber frauds, among other things.

The initiative aims to help educators stay updated and plan their future in a better way. Further, it is part of the activities related to the Investor Education and Awareness Initiative under Securities and Exchange Board of India (Mutual Funds) Regulations, 1996.

According to Sujata R, a school teacher, with the prevalence of mobile phone usage among students, and the use of UPI by many parents on their mobile phones, students may inadvertently or accidentally expose their phones to phishing. She said that it is essential for schools to teach students from an earlier age about how to protect themselves from phishing, especially since phishing cases are on the rise.

Further, Anmol Dev, another school teacher, expressed that many teachers are unaware of phishing and how cybercriminals deceive people. He hopes that this initiative will serve as a learning lesson for teachers, who can then pass on their knowledge to students.

Additionally, the CBSE has decided to provide an online awareness programme for Actuarial Science.

According to CBSE Director Dr Biswajit Saha, actuaries are professionals with expertise in financial modeling, risk analysis, statistics, investments, information technology, data science, and business. The Institute of Actuaries of India (IAI) is a statutory body established to regulate the profession of actuaries in India and provide education and training.

> **It is essential for schools to teach students from an earlier age about how to ptrotect themselves from phishing, since phishing cases are on the rise**
>
> –Sujata R

To offer more insight about Actuarial Science and the profession of an actuary, the board plans to conduct a series of webinars in collaboration with IAI for principals and teachers of schools affiliated with the board.

Moreover, CBSE is taking significant steps towards creating a skill-based ecosystem in schools by offering an online training programme for teachers in employability skills. This initiative aligns with the objectives of India's National Education Policy (NEP), 2020, which seeks to empower students for work and life by including employability skills as a common core of the curriculum across all vocational subjects from grades IX to XII.

The training programme is designed to equip teachers with the necessary skills to teach employability skills to their students effectively.

The programme specifically focuses on five areas of employability skills, namely communication, self-management, information and communication technology, entrepreneurial, and green skills. These skills are embedded in the qualification packs of different job roles in various sectors under the National Skill Qualification Framework. The aim of this programme is to create awareness about employability skills.

Man held for duping 58 acting aspirants

The Rajajinagar Police have arrested a man, Dhawan Soha, who was accused of cheating people by promising them roles in movies.

Dhawan has cheated 58 people. He used to make fake photos and videos with famous movie actors and actresses.

He further used these photos and videos for his fraud.

The accused had opened an institute called Flamingo Celebrities World for acting classes and was targeting those who wanted to act in movies. **BMB**

4 policemen suspended for taking bribe

A police sub-inspector (PSI) and three head constables have been suspended for allegedly accepting a bribe of Rs 10 lakh from a suspect in the rice pulling metal scam.

The three head constables along with the PSI of Pulikeshi Nagar police station threatened to file a case against the suspect and extorted Rs 10 lakh from him.

On March 20, the accused was taken into custody by the PSI and his team for his alleged involvement in the rice pulling racket. However, the case was not registered in the police station. Instead the police threatened him to register a case if he didn't pay. **–BMB**

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STORYBEHINDTHEPHOTO

WASP NETWORK

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The picture was clicked by BM reader **A Avani**

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Expressway: NHAI tries to play fare

After much hue and cry, toll fare revision stalled

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Just 17 days after starting to collect toll, the National Highways Authority of India (NHAI) has rolled back a toll fare revision on the Bengaluru-Mysuru expressway due to public outcry. However, it seems that the rollback is temporary.

Despite it being withdrawn from 12 am on Saturday, the revised toll was still being collected on Saturday morning, causing frustration among road users. Eventually, the toll authorities blinked and reverted to the old system.

The toll fares cannot be revised yet as the road is still under construction, so there is speculation that new toll rates may be introduced later. Vehicle users have urged the NHAI not to revise the toll until next year, as toll rates should be revised only once a year. The NHAI had earlier revised the toll by effecting a 22% increase overall, which faced widespread condemnation.

NHAI project director Shridhar recently stated that service roads were not completed as they were concerned that if a toll-free service road is provided for the entire stretch, not many would use tolled roads.

Rame Gowda, a regular traveler on the Bengaluru-Mysuru expressway, questioned the recent toll fare revision. He said that as there is no toll-free service road till Mysuru, vehicle users should not be charged higher toll rates until such a service road is provided. Krishnappa MT, another regular user of the Bengaluru-Mysuru expressway, said that though the tolled highway has made travel to Mysuru easier, it has also become costlier. He said that KSRTC buses plying on the expressway have increased fares due to the toll.

The NHAI had earlier revised the toll rates on the expressway, effecting a 22% increase. This resulted in a one-way trip for a car/van/jeep costing Rs 165, which is an increase of Rs 30, while round-trip costs increased to Rs 250, which is an increase of Rs 45.

File photo of Bidadi toll plaza on the Bengaluru-Mysuru Expressway

"As there is no toll-free service road till Mysuru, vehicle users should not be charged higher –Rame Gowda

BM's report on April 1, 2023 about protests against toll revision

DID YOU KNOW?

Higginbotham's is one of the oldest bookstores in the country. Bengaluru was the second city after Chennai to recieve the bookstore. Established in 1905 at MG Road, the bookstore is owned by the Amalgamations Group. It is also the oldest existing bookstore in Bengaluru. It is said that it was an English librarian Abel Joshua Higginbotham who had opened a bookstore in the 1840s in Chennai. Since then the bookstore has been known for a wide range of books, magazines, and study materials. Over the years the bookstore in MG Road has undergone restoration. It has a chain of 22 outlets in south India in the states of Karnataka, Tamil Nadu, Kerala and Andhra Pradesh.

GET HEARD WITH MIRROR

9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

Tell us how vehicular pollution can be controlled in the city.

Syed Liyakath, BM Reader
Consider taking public transportation or carpooling. If you know someone who regularly drives to the same location as you, try sharing a vehicle to reduce emissions. Additionally, consider purchasing an electric vehicle.

Aryan, BM Reader
The best way to reduce vehicular pollution in the city is by adopting the use of electric vehicles. Until electric vehicles become more widely used, individuals should ensure that their vehicles receive regular maintenance.

Sindhu R, BM Reader
To reduce vehicular pollution, we should reinstate carpooling options and have schools provide safe transportation for children. Offices could offer shuttle services and establish special metro stops to enable bulk travel.

Pratham, BM Reader
To reduce carbon emissions, citizens should opt for more eco-friendly vehicles. The government can also implement rules, such as restricting personal vehicle use for a day of the week and promoting public transportation use.

Dubori Nayantora, BM Reader
To combat vehicular pollution, we can regulate the number of vehicles per individual and create a more effective carpooling system. While these changes may seem significant, they can have a positive impact on the environment.

Hemavathy Premkumar, BM Reader
To reduce vehicular pollution, we should focus on better traffic management and regular vehicular maintenance. The government should implement strict regulations on emissions, and individuals can make efforts to use public transportation.

SPEAK TO US

Tell us how you save electricity in your day-to-day lives.

If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

THE SUNDAY READ

With apathy flows pollution

There were 17 polluted river stretches in Karnataka in 2018 - this is still unchanged

| Garima Prasher
c-garima.prasher@timesgroup.com
TWEETS @BangaloreMIRROR

File photos of the dried up/polluted Arkavati river in Bengaluru

While the total number of polluted rivers across the country has gone down considerably over the last four years, it has remained unchanged in Karnataka.

During 2018, the Central Pollution Control Board (CPCB) identified 351 polluted stretches across 323 rivers in India based on the BOD value after water quality data analysis. According to the latest report by the pollution watchdog, this number has now gone down to 311 on 279 rivers in the country.

However, the total number of polluted river stretches in Karnataka was recorded to be 17 in 2018 and this number has stayed the same. The river stretches in the state whose BOD values have not recorded any improvement include Bhadra, Bhima, Netravati, Simsha, and Tunga.

As per the report, pollution in rivers and other water bodies is increasing in urban centres, mainly due to a rapid increase in population and resultant wastewater generation. This is because the development of wastewater treatment facilities is not commensurate with the increasing wastewater generation in urban areas. Moreover, rivers are also experiencing lean flow for a large part of the year after a short span of the monsoon.

Experts say the CPCB's report is a clear indication of the Karnataka State Pollution Control Board's (KSPCB) lackadaisical approach toward managing the situation at hand.

"The number of polluted river stretches has not gone down in the state as KSPCB is busy with only identifying the polluted rivers. No steps are being taken to bring down this number. The board is functioning as a pollution identification board," said V Ramprasad, co-founder of Friends of Lakes and a city-based activist.

The report also highlights that three of the 46 Polluted River stretches (PRS) identified in Priority Class – I are in Karnataka. These include the Arkavati river stretch between Hesarghatta and Kanakapura (with a BOD value of 39), Dakshina Pinakini stretches along Mugalur (BOD value of 111), and the Thenpennai stretch along kodiyalam (BOD value of 72).

Experts say monitoring is not enough and the state pollution watchdog should start taking strict action against the defaulters and provide location-specific recommendations to improve water quality. This is because different river streams have distinct pollution sources.

Moreover, if rivers are polluted, there should be information on polluters, whether it is industries or municipalities, in the public domain.

"We have a very poor and corrupt regulatory mechanism in the form of KSPCB, which is shying away from taking action against the defaulters. The board should start issuing notices and close down industries that are sources of river pollution.

They have all the laws at their disposal. Information on all actions taken by the board to check river pollution should be available in the public domain as well. So far, the board has only been giving information on the number of notices being sent," said a city-based water pollution expert.

> **"The number of polluted river stretches has not gone down in the state as KSPCB is busy with only identifying polluted rivers**
> – V Ramprasad, activist

'Need time for appointments'

The Karnataka government has sought time till the assembly elections are over to appoint the chairperson and members to the State Police Complaints Authority.

The submission was made before a division bench of Karnataka High Court Chief Justice Prasanna B Varale and Justice MGS Kamal on Friday.

The bench was hearing a public interest litigation (PIL) by advocate Sudha Katwa seeking a direction to the State to complete the appointment.

Appearing for the government, advocate Prathima Honnapura informed the bench that it has received recommendation of three retired judges for the post of the chairperson from the Chief Justice of the HC and one of them had to be chosen. Likewise, a notification was issued for the appointment of the two members for which 19 applications have been received.

However, due to the announcement of the assembly election schedule on March 29, the administration is engaged in its preparations. Therefore, time was sought till the polls get over to complete the appointment process. Recording the submission, the court adjourned the hearing to May 30.

The Election Commission had earlier announced that Karnataka would go to the polls in a single phase on May 10 and counting will take place on May 13. **PTI**

IN HIGH COURT

HC gives businessman 'wings'

The Karnataka High Court has permitted a businessman to travel to the United Arab Emirates and Saudi Arabia on a business tour terming the look out circular (LOC) issued against him by a public sector bank as unjustifiable.

Bank of Baroda had issued the LOC against businessman Himayath Ali Khan in March 2022, which was executed by the Bureau of Immigration, restricting his travel abroad.

Khan claimed to have been a non-functional Director of Associate Décor Limited, a company dealing with wood products.

The company had obtained Rs 199 crore as finance from the bank by mortgaging his properties. A proceeding for recovery of the debt is pending before the Debts Recovery Tribunal.

Khan claimed that the LOC issued against him was illegal.

The single judge bench of Justice M Nagaprasanna allowed him to travel abroad saying: "The petitioner who is described as Director has produced abundant material to demonstrate that he is only a non-functional Director. The list of guarantors is also extracted hereinabove. The petitioner is not shown as a guarantor to any kind of loan advance. If the petitioner has no role to play in the entire transaction, issuance of LOC against him can hardly be justified." **PTI**

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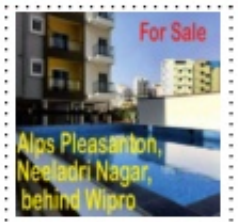

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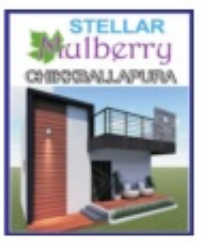

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Parties in race to finalise tickets

With around a month left for the May 10 Assembly polls, all parties have expedited finalising tickets in Karnataka.

Screening committee of BJP in the state met on Saturday to finalise candidates for the first list.

According to sources, the opposition Congress has finalised a second list of 70 candidates.

Meanwhile, JD(S), which had announced 93 candidates in December 2022, is expected to announce the second list by next week. –IANS

Politicians, EC's tracking your UPI

Those attempting to woo voters by bribing them through UPI payments will face action

Sridhar.Vivan@timesgroup.com

TWEETS @sridharvMIRROR

POLL VAULT

The Election Commission (EC) is keeping a close watch on politicians using Unified Payment Interface (UPI) apps to send money to woo voters.

The body had announced that it will take stern action against those who attempt to bribe voters. Despite this, some politicians have resorted to using technology to reach out to tech-savvy residents of Bengaluru.

BBMP Chief Commissioner Tushar Giri Nath, who is the District Election Officer, stated, "Our team is trained to detect such cases, such as when a person sends a specific amount to a large number of people. If such cases are found to be a form of bribery, we will book them under corrupt practices."

Sources report that with elections scheduled for May 10, many candidates are resorting to every trick in the book to woo voters. Some of them are using technology, assuming that their actions will not be detected.

Meanwhile, those using social media for their election campaigns are also getting a rude shock. A Congress party leader from Madikeri was recently issued a notice by the district election officer for using the Congress party symbol in WhatsApp messages wishing people on Ram Navami. The notice stated that anyone using the party name or symbol for publicity purposes must obtain prior permission from the district level committee.

District election officers are also training nodal officers on how to monitor social media promotions done through Facebook, Twitter, or other platforms. An official stated, "All promotions should be done within the laid-out framework."

Meanwhile, BBMP is targeting Resident Welfare Associations to boost voting percentage. "According to our database, there are over 4,500 Resident Welfare Associations in Bengaluru. Even if they don't like any candidate, they have the option of NOTA, but to press NOTA, they need to vote. We are taking several measures to boost voting as our current percentage is only 55 per cent, and we need to take it beyond 70 per cent. In the upcoming elections, there are 95,13,830 voters in the city, and 8,615 polling booths have been set up," Nath added.

Seized: Rs 39.38 cr in cash, goods, liquor, drugs

In the lead-up to the elections, authorities have seized a total of Rs 39.38 crore in cash, material, liquor, and drugs.

According to reports, the Flying Squads, Static Surveillance Teams (SSTs), and police authorities have confiscated cash worth Rs 7.07 crore, 1,156.11 litre of liquor worth Rs 5.8 lakh, and 39.25 kg of drugs worth Rs 21.76 lakh. In addition, freebies worth Rs 9.58 crore have been seized, and 172 FIRs have been filed so far.

The Income Tax Department has also seized cash worth Rs 3.9 crore.

The Excise Department has seized 1,93,051 litre of liquor worth Rs 11.66 crore, 12 kg of drugs worth Rs 1.81 lakh, and booked 264 heinous cases, 195 cases for breach of license conditions, 14 NDPS, and 737 cases under Section 15 (a) of the Karnataka Excise Act 1965. The authorities have also seized 150 different types of vehicles.

The authorities have activated 2,040 Flying Squads and 2,605 Static Surveillance Teams, and have removed 29,828 wall writings, 37,955 posters, 14,413 banners, and 16,290 other election material from private property. They have also removed 28,740 wall writings, 69,245 posters, 45,081 banners, and 23,611 other election material from public property after the announcement of elections.

Additionally, 73 cases have been lodged under the Karnataka Open Places (Provisions of disfigurement) Act 1,981.

Pre-poll wrap: What's Karnataka up to?

JD(S) MLA joins BJP camp

Four-term Karnataka Assembly member and Janata Dal (Secular) leader AT Ramaswamy (left in image above) joined the BJP on Saturday, saying he was impressed with the ruling party and its leadership.

Ramaswamy joined the party after resigning as an MLA. He represented the Arkalgud constituency in Hassan district, a traditional stronghold of JD(S) patriarch and former prime minister HD Deve Gowda. The BJP has been trying hard to strengthen its presence in the region.

He joined the BJP in the presence of Union Minister Anurag Thakur and also met party chief JP Nadda.

Nadda tweeted after the meeting, "His decision to become a member of our party is a reflection of the massive support for our ideology and vision for Karnataka."

Claiming that he was not an aspirant for any "MLA post", Ramaswamy said he was a victim of "money power" as he often raised the issue of corruption and other irregularities. –PTI

Won't contest: Siddaramaiah's son

Opposition leader Siddaramaiah's son, Yathindra Siddaramaiah, (centre in image on right) stated on Saturday that he will not contest in the upcoming assembly elections.

Yathindra, Congress MLA from Varuna constituency, had represented the same constituency in the 2018 assembly elections. But, this time Siddaramaiah is contesting from Varuna constituency and there was curiosity on which seat Yathindra would contest.

"I won't contest from any constituencies. I have started campaigning for my father Siddaramaiah since January. I have not sacrificed my seat for my father. The voters own the constituency," he explained.

This is the last election of my father and people of Varuna constituency wanted him to contest, he said.

Yathindra had won with a margin of more than 45,000 votes from Varuna constituency and is a doctor by profession.

Sources explained that since Siddaramaiah will be busy with campaigning across the state, his son had taken charge of ensuring his victory from Varuna constituency. –IANS

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personal

CHANGE OF NAME

I, Janya. C.A, D/o.Anand Kumar.C.S residing at No.53,University Layout,Beml 5th Stage, RR Nagar, Bangalore-560098 here by state that my name has been mentioned as Janya .Both the above mentioned names belong to me only. I am the same person being called by two names Vide Affidavit dated 29/3/2023 Sworn before Notary L. Gopalakrishna, Bangalore

I, Renukadevi Radhakrishnan, Dob: 04/06/1968, R/o No.158/2, Ground Floor, 8th D Cross opp Vandana Enclave Apts, Venkatapura,Koramangala, Bengaluru -560034, Have Changed My Name to Renuka Radhakrishnan for All Purposes Vide Affidavit 28/03/2023 Before G Mallikarjunappa.

I, Harshith Yogendra resident of #126/A, Shree Durga Nilaya, 23rd Cross, Gayathri Layout, 2nd Stage, Basavanapura main road, Bengaluru-560036 have changed my name to Yogendra Halasinakoppa Shivappa affidavit dt: 01.04.2023 before notary Gangaraju B.N, B.lore.

I, SUNANDAMMA, Residing at No 2165, 1st Cross, Near Railway Bridge, Srirama Lay -out, Kengeri Satellite Town, Bangalore 560060. Have changed My name to SUNANDA vide affidavit dated 29/03/2023 before Notary Aravind Patil G.G Bangalore

I, Mubarak S R/o 60, 8th Cross Vinoba Nagar Bangalore 560045 in My Some Document My Name Wrongly Mentioned as Sardar Mubarack but My Correct and Actual Name is Mubarak S for All Purposes.

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Hugh done it

At the 'The Late Late Show with James Corden' actor Hugh Grant was asked to name a film he would remove from his resume and his answer was 'The Lady and the Highwayman'

BangaloreMirror | 11
Sunday, April 2, 2023
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Entertainment Industry Promotion

Where all the stars are

Cultural Centre opening was a dazzling affair with who's who of tinsel town marking attendance

The opening of Nita Mukesh Ambani Cultural Centre (NMACC) was a star-studded affair with a heavy presence of personalities from the Indian artistic community, including Rajinikanth, Salman Khan and Aamir Khan.

Actor-couples Priyanka Chopra Jonas and Nick Jonas, Ranveer Singh and Deepika Padukone, Sidharth Malhotra and Kiara Advani, and Saif Ali Khan and Kareena Kapoor Khan, were among the guest who attended the event on Friday evening.

Supermodel Gigi Hadid was also present for inauguration of the first-of-its-kind, multi-disciplinary cultural centre.

Salman arrived and posed for the shutterbugs with the family of his contemporary and friend Shah Rukh, who gave the red carpet a miss.

Saif and Kareena were accompanied by Karisma Kapoor, whereas Alia Bhatt came to the event with mother Soni Razdan, father Mahesh Bhatt and sister Shaheen Bhatt.

The guest list also included Aishwarya Rai Bachchan, her daughter Aradhaya, Varun Dhawan, Kriti Sanon, Vidya Balan, Athiya Shetty as well as veterans Jeetendra and Neetu Kapoor.

The Nita Mukesh Ambani Cultural Centre is situated within the Jio World Centre at Bandra Kurla Complex in Mumbai.

The inauguration event featured a specially curated art and craft exposition called 'Swadesh' along with three blockbuster shows – a musical theatrical called 'The Great Indian Musical: Civilization to Nation'; a costume art exhibition called 'India in Fashion' and a visual art show called 'Sangam/Confluence', a press release stated.

It is home to three performing arts spaces: the majestic 2,000-seat Grand Theatre, the technologically advanced 250-seat Studio Theatre, and the dynamic 125-seat Cube.

The centre also features the Art House, a four-storey dedicated visual arts space built as per global museum standards with the aim of housing a shifting array of exhibits and installations from the finest artistic talent across India and the world.

—PTI

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VENKATESHWARA | MARUTI | ROBIN | ULLAS | BALAJI
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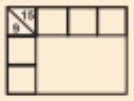
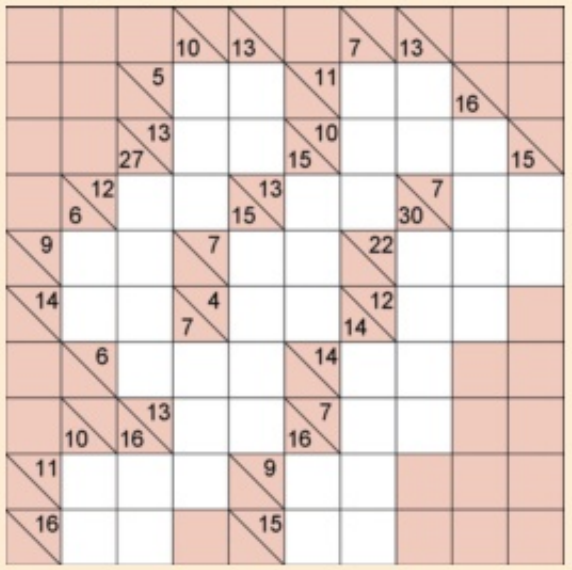
Kakuro

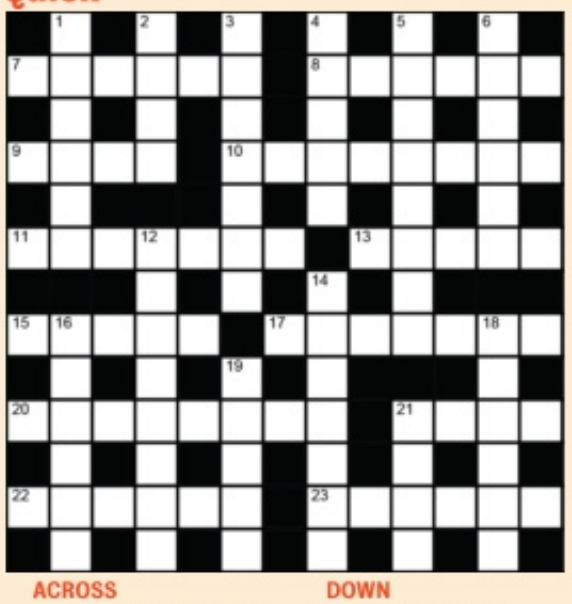
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 ____ Caves : historic caves in Maharashtra (6)
8 Newspaper boss (6)
9 Camera shot (4)
10 D-Day landing site (8)
11 Underwater missile (7)
13 Time periods (5)
15 Deli item (5)
17 French protestant migrant (7)
20 Agra tourist attraction (3,5)
21 Spasms affecting facial muscles (4)
22 Mariner (6)
23 Mr Sheen of Hollywood (6)

DOWN

1 Quentin Tarantino's ___ Unchained (6)
2 Strike sharply (4)
3 Official language of Karnataka (7)
4 Comic fantasy author ____ Pratchett (5)
5 Oral examination? (4-4)
6 More fearless (6)
12 Preface (8)
14 Lofty in thought (7)
16 Embodiment or incarnation (6)
18 A plant with colourful flowers (6)
19 At what place? (5)
21 ___ down : demolished? (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: H EQUALS O

QHEPBM QDM TZ SBDMKT-WDXXR KBRTMC KH PDBM PMHFCV KH GFR KVTMCZ VP'Z KHH GFZR KH PMAHR.

Linemaro

What is your first name? Umm .. that kind of goes with my last name!

Mindchow

Procrastination is the thief of time

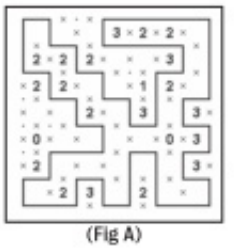
Joke of the day

When tempted to fight fire with fire, remember that the fire department usually uses water.

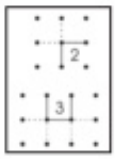
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

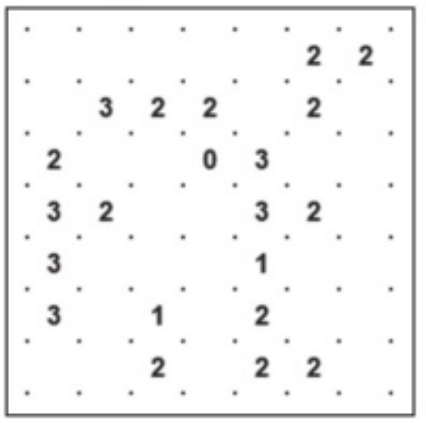


(Fig B) Not Allowed

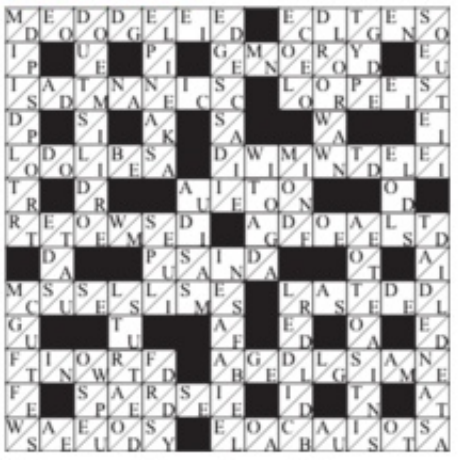
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set....

1	2	3	4	5
6				
7				
8				Y
9				

ACROSS

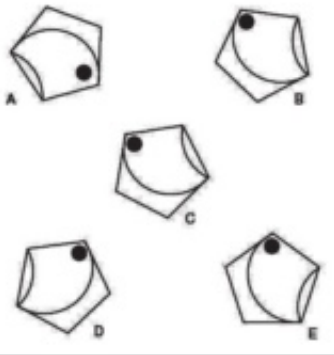
1 Croat; 6 Ave we;
7 Dante; 8 Tyson;
9 So Hue

DOWN

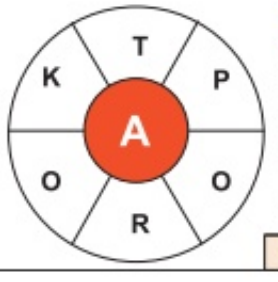
1 Haw as; 2 Conte;
3 A tout; 4 No Ves;
5 Reedy

Mensapuzzle

Which is the odd one out?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

05 Average; **06** Good; **08** Outstanding

SudokuChallenge

			5		3			
8	5			7			9	1
		4	8		9	6		
4		7				2		3
			4		6			
6		1				8		5
		5	2		8	9		
1	4			6			8	2
			1		5			

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 7
1 5 7 8

Medium = 9
3 7 8 9

Hard = 5
1 4 7 3

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

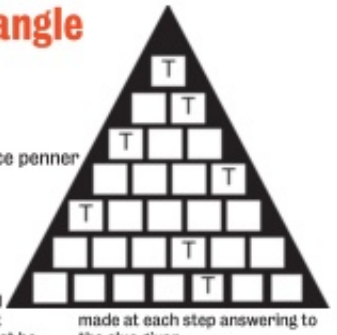
Differences: 1. Mouth is different. 2. Pages are added to newspaper. 3. Line is added to sidewalk. 4. Tree is moved. 5. Man's head is moved. 6. House is wider.

Riddler

A group of four prisoners were held captive by the enemy and all of them were to be shot, one each day through the week. As natural disasters were common in this specific part of the world, the group of prisoners decided to make up a plan of distracting the guards. Before each prisoner would be shot, he would shout out a natural disaster, which would cause chaos and distract everyone to give enough time for that prisoner to escape. As three days passed the first three prisoners escaped by shouting out their chosen natural disasters and running away, however the final prisoner shouted out a disaster and was shot dead on the spot. What was the natural disaster he shouted?

Alpha triangle

1 Terabyte
2 __tu Brute ...
3 Decimal base
4 Dispatched
5 Adjusts the dial
6 Pride and Prejudice penner
7 Amble, stroll



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

The BETTER HALF
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Featuring HARRIET & STANLEY PARKER
MY DOCTOR TOLD ME NOT TO EXERCISE AGAIN UNTIL I'M NO LONGER SORE FROM MY LAST WORKOUT.
IT'S BEEN SIXTEEN YEARS...
"I attached a smoke alarm to my sweat shirt so I'll know if I'm burning fat."
"Sometimes I get the feeling you don't enjoy kissing me anymore."
MARRIAGE COUNSELOR
"Of course men are afraid to cry. Once we get started, we might never stop!"
EYEGLASSES WHILE-U-WAIT
"Do you have any lenses that will help my husband see both sides of an argument?"

BABY BLUES™
BY RICK KIRKMAN & JERRY SCOTT
OOH! I LOVE THIS ONE!
WE GOT THAT ORNAMENT FROM THE HOSPITAL GIFT SHOP THE YEAR YOU HAD TO GET STITCHES.
THIS ONE IS FROM THE CHRISTMAS I BURNED THE TURKEY, AND WE ATE PIZZA FOR DINNER.
AND THE SNOWMAN IS FROM THE YEAR WE ALL GOT FOOD POISONING AND SPENT CHRISTMAS DAY BARFING.
WE DON'T HAVE ORNAMENTS. WE HAVE CHRISTMAS DISASTER KEEPSAKES.
WAS THIS FROM THE YEAR I FELL OFF THE LADDER, OR THE FENDER BENDER AT THE MALL?

J. JONAH JAMESON IS ON THE HORN FROM POINTS SOUTH...
YES, JONAH, I KNOW! SOME MASKED MAN BROUGHT A WOUNDED CROOK TO METRO GENERAL...
IT HAPPENED HERE! RIGHT HERE IN NEW YORK!
DIDN'T ANYBODY GET THAT MASKED MAN'S PICTURE?
THAT'S THE KIND OF THING THAT SELLS NEWSPAPERS! AND WITH THE WALL-CRAWLER DOWN HERE IN FLORIDA...
I'VE GOT MARKER ON IT!
AS YOU MAY RECALL, HE'S HAD SOME SUCCESS IN TAKING PICTURES OF PEOPLE IN MASKS!
PETER!
SORRY, JONAH, I'LL HAVE TO CALL YOU BACK!
WHAT DID YOU FIND OUT?
THE WOUNDED MAN'S AN FBI AGENT!
AND THIS IS THE GUY WHO TOOK HIM TO THE HOSPITAL...
HE CALLS HIMSELF "IRON FIST!"
ON THE TRAIL OF THE GOLDEN CLAW!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may be happy and have mental peace. You are likely to be busy with friends and family. You may enjoy your domestic life, and bonding with your spouse may increase, maintaining domestic harmony. There may be a new partnership in your business, and new innovations may help your business grow.

Taurus Apr 21 – May 20
Today, you may begin your day with positive thinking. You may be in a winning position against your opponents and hidden enemies. Your work may be praised by your seniors, and you may get new responsibilities in terms of promotions. Students are blessed by the moon, which may show them the right path to choose good career options.

Gemini May 21 – Jun 21
Today, you may be busy with family issues. You may explore your extra sources of income in terms of gains. You might take an interest in artifacts, movies, glamour, which may improve your creativity. Love birds have a clear view in terms of their relationships. Students may now go ahead towards their aim in terms of their career.

Cancer Jun 22 – July 23
Today, you may have many options, which may confuse you. You may decide to visit your elders for consulting with them before taking any important decision. Your past karma may show you the right path to take the right decision in terms of work and domestic life. Today, you should be careful about your parents' health.

Leo Jul 24 – Aug 23
Today, your business plans may likely be successful with the support of your subordinates. You may have short travels in terms of business, which will give you benefits in the near future. You may be involved in social and family get-togethers, which may increase your social network.

Virgo Aug 24 – Sep 23
Today is a good day for gains. You may make good plans to get good gain from your investments. You may likely save money by avoiding spending on unnecessary stuff, which may boost your savings. Love birds may be busy with family functions.

Libra Sep 24 – Oct 22
Today, you may be busy with issues related to siblings and relatives. But you may expect some support at work, which may run your work smoothly. Your network may help you to complete your task successfully. You may plan to start some new venture with the help of your siblings and network. There may be some smart gains after a little effort.

Scorpio Oct 23 – Nov 22
Today, you may have a dull feeling, which may affect your health. You may not get the results of your professional meetings, and you may have a feeling of wastage of time. From late evening, disappointments may convert into happiness. You are advised to avoid rush driving or adventure tours.

Sagittarius Nov 23 – Dec 22
Today is a good day. In business, you may get new clients, which will be helpful in the growth in terms of profits. Singles are likely to find their good match. In domestic life, you must avoid hiding anything from your spouse; otherwise, it will create some gap in your relationship. Job seekers may be likely to get a new job; there are chances of promotions in the current job.

Capricorn Dec 23 – Jan 20
Today, with the help of your strong network, you may implement your business plans. You may use your wisdom to gain profits. You may also have harmony in your domestic life; there may be good understanding between you and your spouse. Those related to metal and booking agents will do better.

Aquarius Jan 21 – Feb 19
Today, you are more spiritual. You may plan to visit some spiritual place to find peace of mind. You may donate some amount to charity or a spiritual place. People around you may get help and support from you, in terms of finance or moral support. You may enjoy every moment with satisfaction and patience.

Pisces Feb 20 – Mar 20
Today, you may feel dull. You are advised to control your temper. Your focus is tested many times, so you should try to avoid scattering towards your goals. It is advised not to invest in worthless stuff. Love birds are advised to avoid making arguments on worthless topics.

KIDZONE

Tanisha P Wodeyar, 10 Years, National Public School

Divyanshu, 6 Years, Bengaluru

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
(13^9) ^[1/(2x-15)]=13
or 9/(2x-15) =1
or 2x-15 = 9
or x = 24/2
or x =12

RIDDLER Fire

BULL'S EYE
atop, okra, park, part, PARTOOK, rapt, tarp, trap

FAST FIVE

A	C	T	O	R
W	E	A	V	E
S	T	O	N	Y
A	N	T	E	D
H	O	U	S	E

STRIKE OUT

S	E	E	D	Y		L	O	C	U	S	T	S		
	F		P	E	R	S	E		I		N		T	
F	I	O	R	D		B	E	L	G	I	A	N		
	L		U		A		E		A		E			
M	U	S	L	I	M	S		R	A	T		E		
	R		D		A		P	A	I	D		T		A
T	E	E	M	E	D		A	H	E	A	S	T		
			A		E	O	N			O				
P	S		R		A		M			I				
O	D	I	E	S		D	M	I	N	D	L	E		
			P											
S	A	T	A	N	I	C		L	O	P	E	S		
I		U		I		E	M	E	R	Y		U		
A	J	A	N	T	A		E	D	I	T	O	R		
D	O	O	D	L	E	D		E	D	G	E	S		

QUICK

R		E		E		E		E		D				
S	A	I	L	O	R		M	A	R	T	I	N		
T		B		E		I		O		H				
T	A	J	M	A	H	A	L		T	I	C	S		
B	A	G	E	L		H	U	G	E	N	O	T		
T	O	R	P	E	D	O		H	O	U	R	S		
S	N	A	P		O	R	M	A	N	D	Y			
A		A		N		R		V		L				
A	J	A	N	T	A		E	D	I	T	O	R		

SUDOKU

9	7	6	5	1	3	4	2	8
8	5	2	6	7	4	3	9	1
3	1	4	8	2	9	6	5	7
4	8	7	9	5	1	2	6	3
5	2	3	4	8	6	1	7	9
6	9	1	7	3	2	8	4	5
7	3	5	2	4	8	9	1	6
1	4	9	3	6	7	5	8	2
2	6	8	1	9	5	7	3	4

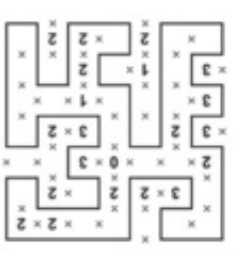
MENSA PUZZLE
0: the rest are all the same figure rotated.

QUOTE UNCODE
Modern man is frantically trying to earn enough to buy things he's too busy to enjoy.

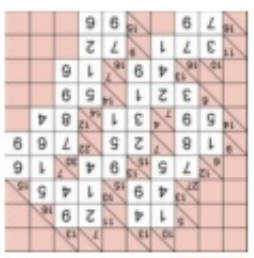
ALPHA TRIANGLE
T, Et, Ten, Sent, Tunes, Austen, Saunter.

GO FIGURE
Easy
5 + 8 – 7 + 1 = 7
Medium
8 – 9 + 3 + 7 = 9
Hard
3 x 4 x 1 – 7 = 5

LOOP



KAKURO



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